



EBP Centre of Interdisciplinary Research in
EVIDENCE-BASED PRACTICE

IDS Workshop Series

2nd August 2018
7-9:30p.m.

3rd August 2018
7-10p.m.

Registration Link:



Website: <https://ids.hksyu.edu/cebp/home>
Contact: cebp@hksyu.edu / 2804 8579

WORKSHOPS BY MR. JONAH LI (PH.D. STUDENT, INDIANA UNIVERSITY)

ABOUT THE SPEAKER

Workshop 1- Evidence-Based Practice in Psychology: The Effective Counseling and Psychotherapy

Workshop 2 - Working with Diverse Clients and Going Beyond the Therapy Room: Multicultural and Social Justice Counseling Competencies

Contents:

Workshop 1:

- Is counseling and psychotherapy effective?
- Evidence-based practice in psychology
- The heart and soul of the effective psychotherapy
- Introducing some clinical outcome measures

Workshop 2:

Part I: The Forth Force: Multicultural Counseling

- Why multicultural counseling?
- Multicultural variables and identities
- Common reaction to perceived differences: Microaggression
- Relevant APA ethical principles
- Becoming multicultural counseling competent
- Developing multicultural orientation
- Research implications and personal examples

Part II: The Fifth Force: Social Justice counseling

- Why social justice counseling?
- What is social justice
- The counselor role and identity
- From here to there: Advocacy as a means to reach social justice
- Merging together: Multicultural and Social Justice Counseling Competencies
- Conclusion: On becoming a social justice advocate

Who should join: Helping professionals e.g. counsellors, psychologists, psychiatrists, social workers; Teachers and career Masters, Students majoring in Counselling-related discipline.

Co-organizer



Jonah Li (李寶輝) is currently a Ph.D. student majoring in Counseling Psychology and minoring in Inquiry Methodology at Indiana University (IU) in the U.S. Previously, he earned his M.A. at University of Denver (DU) and B.S.S. at Hong Kong Shue Yan University (HKSJU).

Workshop Details:

Fee per workshop:

Free-SJU staff and students
\$50-APCPA members
\$100-Non-APCA members

Venue:

RLB 502, Research Complex, Hong Kong Shue Yan University, 6 Wai Tsui Crescent, Braemar Hill, North Point

Language:

Cantonese supplemented with English

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