



## **Counselling and Research Centre**

### **Post-Graduate Certificate in Clinical Supervision (Counselling)**

(APCPA-approved training course for the Registered Clinical Counselling Supervisor)

The course (PCCSC) aims to prepare qualified counsellors to provide clinical supervision, and grants a qualification that enables qualified counsellors to supervise students undertaking counselling training. Participants will have the opportunity to learn how clinical supervision of counselling is conceptualized from a theoretical point of view, delivered as a practical service, evaluated for efficacy, and developed as a profession.

The course includes both theoretical and practical components. Specifically, the course aims to help participants

- to understand the process of supervision and the nature of the supervisory relationship;
- become familiarized with a number of theories and research findings with regard to counselling supervision;
- to identify and practise basic supervisory skills;
- to become aware of some controversies on counselling supervision;
- to reflect on their own experiences of supervision, both as a supervisor and supervisee;
- to develop personal learning and supervisory styles.

This is a part-time course, providing 142 hours of training, including 42 hours of instructor-student contact time. The course is suitable for qualified and experienced counsellors who have interests to supervise.

#### **Duration**

- Duration of the entire training: around 9 months
- Lectures: first 3 months



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- Supervisory practice and course work:  
following 6 months

**Course Structure**

This course is composed of three parts:

Part	Hours	Content
I	30 hours	lectures
II	12 hours Supervision	6 hours individual live supervision 6 hours group supervision
III	20 hours	fieldwork practice

- Part I: 30 hours of Lectures

Candidates who are accepted to the programme will first attend a series of 12 lectures aimed at building up participants' foundation knowledge about clinical supervision in counselling profession.

The 12 lectures will cover:

1. Important concepts and frameworks for counselling supervision
2. Values and assumptions; Ethics and boundaries
3. Monitoring, assessing and evaluating in counselling supervision
4. Theories and models of counselling supervision I
5. Theories and models of counselling supervision II
6. Supervisee's journey from novice to expert



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7. Transference and counter-transference in counselling supervision
8. Supervisory strategies, intervention and creative approaches in counselling supervision –I
9. Supervisory strategies, intervention and creative approaches in counselling supervision –II
10. The practice of Case Conceptualization skills in counselling supervision
11. Facilitating self-efficacy and reflectivity in counselling supervision
12. Cultures and contexts in counselling supervision

- Part II: 12 hours of Supervision

Students will receive a total number of 12 hours' supervision from the course lecturers made up of:

1. 6 hours of individual supervision (to be given in four sessions)
2. 6 hours of group supervision (to be given in four sessions)

- Part III: 20 hours of Fieldwork

After completing the 12 lectures, students will be required to do fieldwork in the form of supervising at least 2 and no more than 3 supervisees on a regular basis. Students are required to deliver a total of no less than 20 hours of counselling supervision. This can be done in the students' workplace or any other sites approved by the course lecturers. Note that it is the students' responsibility to look for and secure their supervisory placement, but they are invited to seek advice from the course lecturers.

Students are expected to devote a minimum of 10 hours of private study per month to fulfil the requirements of this course.



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**Assessment**

Individual and Group Supervision and Fieldwork	25 %
Supervision journals, one set for each supervisee	25 %
One reflection paper (5000 words)	25 %
Two essays of 2,500 words each on given topics of clinical supervision	25%

**Course Fee : \$26,000 (including supervision)**



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**APPLICATION PROCEDURES**

1. Application forms must be submitted by post to: Dr. TSE, Pui Chi, Department of Counselling and Psychology, Hong Kong Shue Yan University, 10 Wai Tsui Crescent, Braemar Hill Road, North Point, Hong Kong.
2. All application documents should be put in an envelope on which “**Application for PCCSC**” should be marked.
3. Applicants should
  - attach a recommendation letter from either current employer or a person in the academic who knows applicants well.
  - attach one full set of photocopies of certified credentials including transcripts, certificates of awards, etc.
3. Successful applicants will be required to present their original copies of credentials for verification at the time of registration.
4. **Deadline of the application: 1-Aug-2018**
5. Places will be offered to qualified applicants on a first-come-first-served basis.
6. Venue for the course: Hong Kong Shue Yan University, 10 Wai Tsui Crescent, Braemar Hill Road, North Point, Hong Kong
7. **PAYMENT METHOD:** Please send the completed application form together with a crossed cheque for the course fees payable to “**Counselling and Research Centre**”.
8. **TENTATIVE LECTURE TIMETABLE & COURSE FEES:**

Course Structure	Dates	Time & hours	Fee (\$)*
Lectures	Sept 6, 13, 20, 27 (Thursdays) Oct 4, 11, 18, 25 Nov 1, 8, 15, 22, 29	19:00 - 21:30 30 hours	26000
Supervision-Individual Live	To be finished by the end of April-2019	6 hours	
Supervision-Group	To be finished by the end of April-2019	6 hours	
Supervisory works	To be finished by the end of April-2019	20 hours	
Private study and coursework	To be finished by the end of May-2019	80 hours	

 **ENQUIRIES : Tel : 2104 8275 (Dr. TSE, Pui Chi) Fax : 28068044: Email : [pctse@hksyu.edu](mailto:pctse@hksyu.edu)**



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**Enrolment Application Form**

**Program Title** Post-Graduate Certificate in Clinical Supervision (Counselling) (PCCSC)

**Intake: (Month / Year):** \_\_\_\_\_

**Date of Application:** \_\_\_\_\_

Mr. / Miss. / Ms. /	Name in English (Surname first):	Name in Chinese:
HKID No.:	Date of Birth:	
Tel. (Day):	Tel. (Night):	
Tel:( Mobile)		
Facsimile:	E-mail:	
Postal address:		

**Educational** attainment at undergraduate and postgraduate levels

The minimum entrance requirement for this programme is a relevant Hons Diploma or Hons Degree in Counselling.

Course	Institution	Year Enrolled	Year Completed

**Practical Counselling Experience**

Please list your current employment and positions you have held and you consider relevant to the programme.

In order to benefit from the programme, you are required to have at least 3 years practical counselling experience within which you must have at least 300 hours clinical practice. You may include certified copies of relevant references.

Employer	Duration: From / To	Position or Duties	Full or Part time

*\* Please submit relevant qualification certificates when you submit the application*



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**Payment**

I hereby attach payment of course fees for the above selected modules(s):

Amount: \_\_\_\_\_

Cheque No.: \_\_\_\_\_

Signature:	Date:
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