

## 職業評估工具在職業輔導中的實戰運用

無論在幫助個人選擇職業、適應及勝任工作生涯、確立個人身份並達致心理健康上，職業輔導皆扮演重要的角色。在職業輔導中，職業評估工具佔有核心的位置。評估可提供有用的信息，協助輔導員在輔導起初的階段更準確地瞭解受助人；也能在干預的階段增強受助人就教育或工作範疇的自我認知，好讓他們作出明智的事業決定。

此系列體驗式的工作坊，目的在探討職業評估中四個主要的內容部份：**興趣、價值觀、個性、和技能**。學員將可運用心理計量量表或其他工具，評估自己在這四方面的特徵。本工作坊旨在為輔導同工提供一個綜合整全的進路，好能在真實的輔導場境中進行職業評估。

### 程序內容：

日期、時間	內容重點
2013年5月25日(六) 09:30 – 16:30  Workshop 1	<b>職業興趣 Vocational Interest</b> <ul style="list-style-type: none"> <li>完成 Self-Directed-Search (SDS) Form R 及 Position Classification Inventory (PCI) 量表</li> <li>荷頓 Holland's (「六大」) 職業個性理論</li> <li>解釋 SDS 及 PCI 量表結果</li> <li>如何在職業輔導中應用 SDS 及 PCI 量表</li> <li>個案討論</li> <li>如何購買 PCI 及(不同版本的) SDS 量表</li> <li>其他評估職業興趣的工具</li> </ul>
2013年6月1日(六) 09:30 – 16:30  Workshop 2	<b>事業價值觀及積極技能 Career Values and Motivated Abilities</b> <ul style="list-style-type: none"> <li>完成 The Knowdell™ Career Values Card Sort 「事業價值觀排咭」及 The Knowdell™ Motivated Skills Card Sort 「積極技能排咭」</li> <li>工作價值觀及技能的結構</li> <li>解釋「事業價值觀排咭」及「積極技能排咭」結果</li> <li>如何在職業輔導中應用「事業價值觀排咭」及「積極技能排咭」</li> <li>事業價值觀及積極技能與 SDS 結果的關係</li> <li>個案討論</li> <li>其他衡量事業價值觀及(積極)技能的工具</li> </ul>

日期、時間	內容重點
2013年6月8日(六) 09:30 – 16:30  Workshop 3	<b>個性（五大人格因子）Big Five Personality</b> <ul style="list-style-type: none"> <li>• 完成 NEO Personality Inventory-Revised (NEO PI-R) 量表</li> <li>• 人格五因子模型</li> <li>• 解釋 NEO PI-R 量表結果</li> <li>• 如何在職業輔導中應用 NEO PI-R 量表</li> <li>• 「五大」人格因子與「六大」職業興趣（兼論與 MBTI 「四大」個性類型）的關係</li> <li>• 個案討論</li> <li>• 如何購買 NEO PI-R（及不同版本 NEO）量表</li> <li>• 其他評估人格五大因子的工具</li> </ul>

#### 導師簡介：

胡仕揚先生 (Philip Wu) 為 Career Matters International 創辦人及顧問，從事個人職涯諮商輔導及企業人才發展培訓服務。胡先生曾任職於環球航運、教會機構、建築工程等界別，在企業管理、牧養培訓及出版研究等方面累積超過二十年經驗。胡先生為工作心理學碩士（英國萊斯特大學）及基督教研究碩士（香港中國神學研究院），並持有歐洲心理學家協會聯盟心理測量證書（工作及組織評核）及英國心理學會註冊職業測驗用家（技能及個性）等專業資格。（詳細資歷見英文版內容）

**Philip Wu** is a career consultant; coach, trainer and writer who has a passionate interest in helping people discover their purpose in career and life.

He worked for several major shipping companies in Asia and Europe in his early career. He was a senior executive with the Dutch carrier Nedlloyd Lines and Italy's state-owned operator Lloyd Triestino. After leaving the shipping industry he took two years' sabbatical for studying theology and became the first director of marketplace ministry of the Fellowship of Evangelical Students Hong Kong, a part of an international Christian movement of university students and graduates. In 2005 he co-founded Career Matters International, a career coaching and consulting firm in Hong Kong.

He is a certified career coach by Worklife International, Australia. He was also trained by two other gurus in life planning and career development: Richard Bolles, author of the international best-seller *What Color Is Your Parachute?*, and Richard Leider, one of the top five most respected executive coaches according to Forbes. He has many years of experience in coaching individuals on life-work transition, career direction, as well as professional and

personal development. Currently he also trains career practitioners, pastors and other people helpers who want to work with clients in a more holistic approach.

As a trainer and speaker, he has developed for-credit programs at academic seminars and taught career management and workplace integrity to professionals and general audiences in numerous courses, seminars, workshops, retreats and international conferences. These courses enable participants to explore their vision and values for life and work. He has provided programs and services for such organizations as University of Science and Technology, Shue Yan University, Christian Times, Hong Kong Professional & Educational Services, Hong Chi Association, AKWASSC Harmony Life Enrichment Centre, as well as many individual business owners and entrepreneurs in Hong Kong and mainland China.

Besides his desire to help people pursue their vision and actualize their potentials, Philip's passion is to write thought-provoking stuff that will have an impact in people's lives. He is particularly interested in career development, spirituality, and workplace issues and has translated three books and written numerous articles and papers on these subjects.

Philip holds a Professional Diploma in Business Studies (Transport Management) from Hong Kong Polytechnic, a Master's degree in Christian Studies from China Graduate School of Theology (CGST) in Hong Kong, and a Master of Science degree in Psychology of Work (with Merit) at University of Leicester, UK; and he has done further research studies in CGST. He is a Registered Test User Occupational (Ability) and a Registered Test User Occupational (Personality, NEO Personality Inventory & Myers-Briggs Type Indicator [MBTI]) from the British Psychological Society, a holder of the European Test User Certificate (Level 2): Work and Organizational Assessment from the European Federation of Psychologists' Association, an accredited administrator of the MBTI (Step I & II), and a professional member of the National Career Development Association, USA.

### 課程詳情：

日期、時間：	2013 年 5 月 25 日、6 月 1 日、6 月 8 日（六） 09:30-16:30
地點：	樹仁大學圖書館綜合大樓 103 室 香港北角寶馬山慧翠道十二號 <b>地圖：</b> <a href="http://goo.gl/mkIq">http://goo.gl/mkIq</a>
對象：	輔導員；社工；其他助人行業工作者；從事人力資源專業、職業輔導的人士；主修輔導相關課程的學生
入數：	40 人（額滿即止）
教授語言：	廣東話（中／英文材料）

課程	費用	
Workshop 1	<b>APCA Member:\$1,000</b>	Non-APCA Member\$1,200
	Include of: SDS assessment booklet – Chinese, SDS assessment booklet - English PCI item booklet - English PCI answer sheet - English You and Your Career booklet - English	
Workshop 2:	<b>APCA Member \$1,200</b>	Non-APCA Member \$1,400
	Include of: Career Values card sort - English Motivated Skills card sort - English	
Workshop 3	<b>APCA Member \$1,000</b>	Non-APCA Member \$1,200
	Include of: NEO PI-R item booklet - Chinese NEO PI-R answer sheet - English NEO PI-R profile form - English	
備註：		
1. 同時報讀 3 個課程，可享 <u>9 折</u> 優惠		
2. 非會員連同會員申請表遞交申請，即可享會員優惠		

### 報名程序

1. 填妥報名表格，以劃線支票支付課程費用，戶口號碼及支票抬頭如下：

<p><b>支票抬頭：</b> (英文) Asian Professional Counselling Association (H.K.) Ltd. (中文) 亞洲專業輔導協會(香港)有限公司</p> <p><b>戶口號碼：</b> 匯豐銀行 808-021620-001</p>
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2. 以郵寄方式遞交 報名表格 及 劃線支票 至：

<p><b>ASIAN PROFESSIONAL COUNSELLING ASSOCIATION</b> Department of Counselling and Psychology, Shue Yan University 10 Wai Tsui Crescent, Braemar Hill, NORTH POINT, HONG KONG</p>
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### 查詢

電話： (852) 2806 7326 <留言信箱>  
電郵： admin@apca-counselling.com  
網址： http://www.apca-counselling.com

### 注意事項

1. 遞交申請時，必須附上已填妥之報名表格及轉賬存根/劃線支票，否則申請將不獲接納；
2. 名額以先到先得為原則，額滿即止。成功取錄者將獲電郵通知；
3. 所有已繳交款項將不獲退還；
4. 課程收據及出席證書將於課程完結時分發予參加者；
5. 如遇惡劣天氣情況，如發出黑色暴雨警告或8號颱風訊號，當日課程將會改期進行，詳情將另行公布。

### 報名表格

\*請清楚填妥下列資料

<b>OFFICE USE ONLY</b>		<input type="checkbox"/> HK\$ <input type="checkbox"/> Ref. No.:	<input type="checkbox"/> Date: <input type="checkbox"/> Receipt No.: <input type="checkbox"/> Cert No.:
<b>課程名稱:</b>		職業評估工具在職業輔導中的實戰運用	
<b>稱謂:</b>		Dr. / Prof. / Mr. / Mrs. / Ms. / Others: _____	
<b>姓名:</b> (將列於出席證書上)		English:	中文:
<b>APCA 會員:</b>		會員編號: _____ <input type="checkbox"/> 非會員	
<b>任職機構名稱:</b>			
<b>工作性質:</b>		UID (for C&P students): _____	
<b>郵寄地址:</b>			
<b>聯絡電話:</b>		手機:	辦公室:
<b>電郵地址:</b>			
你對是次工作坊的期望:			
<b>繳款安排:</b>		<input type="checkbox"/> 我確認繳交款項 HK\$ _____ 以作為報名參與上述講座/工作坊之費用 <input type="checkbox"/> 銀行轉賬 日期: _____ 參考編號: _____ <input type="checkbox"/> 支票 銀行: _____ 支票號碼: _____	

支票抬頭: 亞洲專業輔導協會(香港)有限公司  
Asian Professional Counselling Association (H.K.) Ltd.

戶口號碼: 匯豐銀行 808-021620-001